

**Q: Why is turkey good to eat?**

A: Turkey is very high in protein! Protein is the building block for many parts of the human body; you need protein for healthy muscles and for your immune system. A cooked 3-ounce serving of turkey breast is about 120 calories.

**Q: How can I help shop for turkey?**

A: Help your family choose the right cut of turkey for the meal you want to have. You might want a whole turkey for a big family dinner, or you can buy ground turkey to make burgers for the grill. Deli slices make great sandwiches for school lunch. If you buy uncooked turkey, always get help cooking in all the way through before you eat it.

**Turkey Themed Jokes**

Q: Which side of the turkey has the most feathers?

A: The outside!

Q: Fruit comes from a fruit tree, so where does a turkey come from?

A: A poul-tree.

Q: What is a turkey's favorite dessert?

A: Peach gobbler!

Q: What do you call it if it rains turkeys?

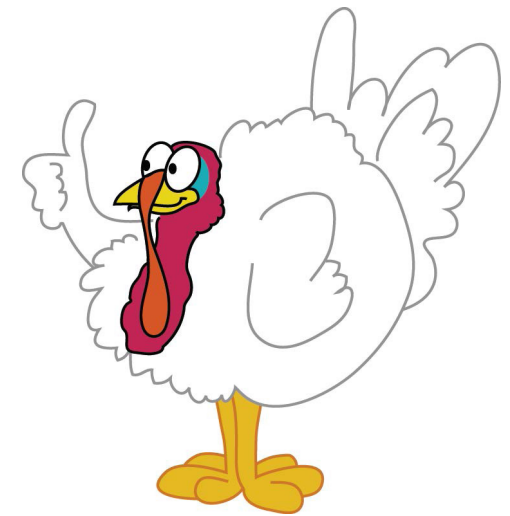
A: Fowl weather!

Q: Why did the turkey cross the road?

A: It was the chickens day off.

**YOUR INDIANA  
TURKEY FARMERS  
PRESENTS:**

**TURKEY TALK  
FOR KIDS**



**TURKEY CUTS OF MEAT**

Here are some pictures of turkey cuts. Can you match the picture to its name? Draw a line between the picture and the name below:



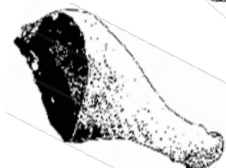
**GROUND TURKEY**

**TURKEY BREAST**



**TURKEY LEG**

**TURKEY WING**



**WHOLE TURKEY**



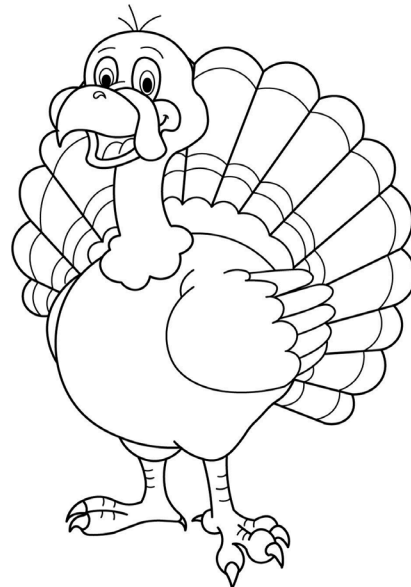
# ASK A TURKEY FARMER

**Q: How do farmers take care of their turkeys?**

A: Farmers want their turkeys to be happy and healthy! They do not live in cages, they are free to move around the barn! Even the barn itself is carefully designed to be comfortable and safe, with the temperature, air flow, and humidity tuned to keep the turkeys in an ideal environment.

**Q: What breed of turkey do farmers raise?**

A: The Most common breed of turkey that commercial farmers raise is called the "Broad Breasted White." Below is a picture of that kind of turkey. This breed of turkey has all white feathers, but you can use your imagination to color it anyway you like.



**Q: What do turkeys eat?**

A: Turkeys are fed a highly nutritious diet with ground corn and soybean as the main ingredients. Vitamin and mineral supplements are added to the feed. It takes about 75-80 pounds of feed to raise a 30-pound turkey. They always have access to fresh water. No hormones or steroids are ever given to turkeys.

**Q: What do you call a baby turkey?**

A: A baby is called a **poult**.  
A male turkey is called a **tom**.  
A female turkey is called a **hen**.

## Parts of a Turkey Word Search

Beak ⚡ Breast ⚡ Ears ⚡ Eyes ⚡ Feathers  
Feet ⚡ Leg ⚡ Neck ⚡ Snood ⚡ Tail  
Thigh ⚡ Wattle ⚡ Wing

Words can be found up, down, diagonal, forwards and backwards.  
Use the remaining letters to spell out a secret message about turkey!

T	S	U	R	K	H	G	I	H	T
E	R	Y	K	G	F	O	S	E	S
G	A	A	R	E	E	R	A	T	W
I	E	N	E	N	E	C	K	I	A
B	N	T	T	H	S	Y	N	B	R
E	C	A	T	E	I	G	P	R	G
E	I	A	Y	A	N	D	I	E	E
L	E	E	D	O	O	N	S	A	L
F	W	A	T	T	L	E	S	S	N
U	T	R	I	T	I	O	U	T	S